

Salad & Sandwich Menu - August & September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
8/28	8/29	8/30	8/31	9/1
	<p>Chef salad with turkey, egg, beans, cucumbers, tomatoes, red onion, broccoli, carrots, w/g rolls, apple</p> <p>Chicken patty sandwich on a bun with lettuce, tomato, broccoli, baby carrots and a fresh apple</p>	<p>Garden salad with chicken, cucumbers, broccoli, peas, baby carrots, rolls, fresh orange</p> <p>Ham and cheese on w/g bread with lettuce, tomato, cucumber, carrots, broccoli, fresh orange</p>	<p>Cobb salad with turkey, egg, grape tomatoes, carrots, peas, whole grain rolls and raisils</p> <p>Hamburger on a w/g bun with lettuce, tomato, grape tomato, baked tots, and sour raisils</p>	<p>Taco salad with beef, black beans, corn, spicy salsa, w/g tortilla chips, peach cup</p> <p>Turkey, ham and cheese on w/g bread, lettuce, tomato, cucumber, baked beans and a peach cup</p>
9/4	9/5	9/6	9/7	9/8
Labor Day	<p>Thai Salad with Chicken with tomatoes, broccoli, baby carrots, garbanzo beans, rolls, fresh apple</p> <p>Spicy Chicken sandwich on a w/g bun with lettuce, tomato, carrots, broccoli, and an apple</p>	<p>Santa Fe chicken salad with corn, black beans, salsa, w/g tortilla chips, peach cup</p> <p>Ham and cheese sandwich with lettuce, tomato, baked beans, cucumbers slices, peach cup</p>	<p>Oriental chicken salad with mandarin oranges, onion, peas, carrot, w/g rolls, raisils</p> <p>Hamburger on a bun with lettuce, tomato, curly fries, carrots and sour raisils</p>	<p>Taco salad with beef, black beans, corn, spicy salsa, carrots, w/g tortilla chips, apple juice</p> <p>Turkey and ham with cheese on w/g bread with lettuce, tomato, carrots, pea salad, apple juice</p>
9/11	9/12	9/13	9/14	9/15
<p>Garden salad w/ chicken, peas, tomatoes, cucumbers, broccoli, garbanzo beans, rolls, pear</p> <p>Turkey & Cheese on W/G Bread lettuce, tomato, tossed salad, cherry tomatoes and a pear</p>	<p>Chef salad with turkey, egg, beans, cucumbers, tomatoes, red onion, carrots, w/g rolls, orange wedges</p> <p>Chicken patty sandwich on a bun with lettuce, tomato, baked beans, baby carrots and orange smiles</p>	<p>Spinach salad w/ chicken, egg, cucumbers, tomatoes, red onions, beans, carrot, w/g rolls, pineapple</p> <p>Turkey and ham with cheese on w/g bread with lettuce, tomato, cucumber, broccoli, pineapple</p>	<p>Cobb salad with turkey, egg, grape tomatoes, carrots, peas, cauliflower, w/g rolls, apple</p> <p>Hamburger on a w/g bun with cauliflower, baby carrots, tots and local grown apple</p>	<p>Taco salad with beef, black beans, corn, salsa, broccoli, w/g tortilla chips, apple juice</p> <p>Turkey and ham with cheese on w/g bread with lettuce, tomato, zucchini, pea salad and apple juice</p>
9/18	9/19	9/20	9/21	9/22
<p>Oriental chicken salad with mandarin oranges, onion, peas, broccoli, carrot, w/g rolls, pear</p> <p>Turkey & Cheese on W/G Bread lettuce, tomato, broccoli bites, pea salad & and a pear</p>	<p>Spinach Chef salad with turkey, egg, peas, cucumbers, tomatoes, broccoli, carrots, w/g rolls, apple</p> <p>Spicy chicken sandwich on a w/g bun with lettuce, tomato, broccoli sweet potato tots, and an apple</p>	<p>Santa Fe chicken salad with corn, black beans, salsa, cucumber, tomato, w/g tortilla chips, oranges</p> <p>Ham and cheese sandwich with lettuce, tomato, cucumbers, carrots and orange smiles</p>	<p>Thai Salad with Chicken with grape tomatoes, broccoli, peas, garbanzo beans, rolls, raisils</p> <p>Hamburger on a bun with lettuce, grape tomatoes, tots, cucumbers and raisils</p>	<p>Taco salad with beef, black beans, corn, spicy salsa, w/g tortilla chips</p> <p>Turkey and ham with cheese on w/g bread with lettuce, tomato, tots, baby carrots, fresh pear</p>
9/25	9/26	9/27	9/28	9/29
<p>Garden salad with chicken, peas, carrot, cucumbers, broccoli, garbanzo beans, rolls, fresh pear</p> <p>Turkey & Cheese on W/G Bread lettuce, tomato, baby carrots, pea salad, and a fresh pear</p>	<p>Chef salad with turkey, egg, peas, broccoli, tomato, red onion, beans, baby carrots, w/g rolls, apple</p> <p>Chicken patty sandwich on a bun with lettuce, tomato, broccoli, grape tomato, and an apple</p>	<p>Chef salad w/ turkey, cucumbers, tomatoes, red onion, egg, beans, carrots, w/g roll, peach cup</p> <p>Turkey and ham with cheese on w/g bread with lettuce, tomato, cucumber, baked beans, peaches</p>	<p>Cobb salad with turkey, egg, grape tomatoes, carrots, peas, w/g roll, sour raisils</p> <p>Hamburger on a w/g bun with lettuce, tomato, baby carrots, curly fries and raisils</p>	<p>Taco salad with beef, black beans, corn, salsa, w/g carrots, tortilla chips, apple juice</p> <p>Turkey and ham with cheese on w/g bread, lettuce, tomato, carrots, pea salad and apple juice</p>

All Meals include Fruit of the Day

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